



KIDNEY-FRIENDLY & HEART-HEALTHY

Mock Marg

Makes 1 serving



INGREDIENTS

3 tbsp fresh squeezed lime juice

2 tbsp fresh squeezed orange juice

2 tsp agave syrup

12 oz sparkling water, unsweetened

1-2 slices of lime or orange to garnish

DIRECTIONS

Add lime juice, orange juice, agave nectar, and ice to a glass.

Stir the mixture for 15 seconds until well combined.

Pour in sparkling water and add extra lime or orange slices for garnish.

Enjoy!

Nutrition Facts Per Serving (1 drink)	Calories	70
	Carbohydrates	18 g
	Protein	0 g
	Total Fat	0 g
	Phosphorus	14 mg
	Potassium	109 mg
	Sodium	1 mg

The recipes contained here are for educational purposes to promote a healthy and kidney-friendly diet. They are not intended to be a substitute for medical advice from a medical provider. Nutritional information has been calculated using Cronometer; Somatus has not independently confirmed its accuracy. Depending on your stage of kidney disease, specific nutrients in your diet should be limited. If you are unsure which nutrients to limit, speak with your Somatus dietitian or a medical provider.

SAVOR *the*
 **SUMMER**