

KIDNEY-FRIENDLY

Holiday Mocktail

Makes 1 serving



INGREDIENTS

2 oz cranberry juice

½ oz lime juice

Sparkling water or club soda

DIRECTIONS

Fill half of a tumbler glass with ice.

Add cranberry juice and lime juice.
Stir with a spoon.

Top with sparkling water and
garnish with fresh cranberries and
orange slice.

Nutrition Facts Per Serving	Calories	19
	Carbohydrates	6 g
	Protein	0 g
	Total Fat	0 g
	Phosphorus	10 mg
	Potassium	62 mg
	Sodium	1.6 mg

The recipes contained here are for educational purposes to promote a healthy and kidney-friendly diet. They are not intended to be a substitute for medical advice from a medical provider. Nutritional information has been calculated using Cronometer; Somatus has not independently confirmed its accuracy. Depending on your stage of kidney disease, specific nutrients in your diet should be limited. If you are unsure which nutrients to limit, speak with your Somatus dietitian or a medical provider.